

The enemy comes to steal, kill and destroy, Jesus comes to give life to the full. John 10:10

Personal Information

Name _____ Sex (circle one) M F Date. _____

Birth date: _____ Age today: _____

Marital Status (circle one) Single Engaged Married If married, how long? _____

Separated Divorced Remarried Widowed If so, how long? _____

For Those Married

Is your spouse aware that you are seeking inner healing? (circle one) Yes No

Have you been a prior recipient of inner healing? (e.g. deliverance or other ministry) (circle one) Yes No If Yes, please explain:

Why do you feel you need inner healing at this time?

Briefly explain your earliest childhood memory and why it is significant. Your age in this memory:

Family Relationships

Please Print

Briefly describe your relationship with the following. Please indicate which choice in parenthesis applies to each relationship. Use additional paper if needed. Inclusion of names is optional.

Father (birth step adopted)

Mother (birth step adopted)

Brother(s) (birth step adopted)

Sister(s) (birth step adopted)

Other family members if relevant (e.g. cousins, uncles, aunts, grandparents, foster parents)

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Medical History

Please Print

Describe your current physical condition: (circle one) Poor Fair Good Excellent Give a brief overview of your medical history, including any extended medical problems:

Are you currently on any medication(s)? (circle one) Yes No

If Yes, briefly explain what medication(s) you are on and for what reason(s):

Are you currently under the care of a physician? (circle one) Yes No If Yes, briefly explain for what reason(s):

Have you ever been treated with any counseling or psychotherapy? (circle one) Yes No

Are you currently under the care of a counselor, psychiatrist, or other therapist? (circle one) Yes No If Yes, briefly explain for what reason(s):

Have you ever been hospitalized for mental problems? (circle one) Yes No If Yes, briefly explain when and for what reason(s):

Spiritual _____ Please Print

I have accepted Jesus Christ as my personal Lord and Savior: (circle one) Yes No

If Yes: Age ____ Baptized at age ____ Baptized in the Holy Spirit at age ____

What is your church background? _____ What church do you currently attend?

_____ How long have you attended this church? _____ Do you attend regularly? (circle one)

Yes No Is your pastor aware that you are seeking inner healing? (circle one) Yes No Briefly describe your church involvement:

Briefly describe your pattern of spiritual disciplines (i.e. the Bible, prayer, meditation, fasting, other):

List your known spiritual gifts:

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Share any additional, relevant information about your spiritual journey.

Forgiveness

Please Print

Unforgiveness is one of the greatest hindrances to inner healing. Jesus commands us to forgive others as our heavenly Father has forgiven us. (Matthew 6:12,14-15) Going back to childhood memories, list below all whom you have had difficulty forgiving for the pain they have caused in your life. If you think you have forgiven them yet still feel bitterness, anger, hurt, or resentment, you likely still harbor some unforgiveness. Ask the Holy Spirit to bring to mind all whom you have unforgiveness toward -whether in the past or in the present. As names come to your mind, do not question or skip over them. Write down each name and his or her relationship to you. (e.g. John Doe, uncle)

Personal Assessment

Please check all that apply, past or present

Give your initial response, placing a check. Avoid "analyzing" each statement.

I experience:

- Feelings of "having things together on the outside" yet "falling apart on the inside."
- Sleep disturbances (75% or more of the time) including insomnia, sleepwalking, traumatic nightmares, and/or night terrors.
- Recurrent, intrusive, traumatic imagery and/or thoughts.
- Frequent headaches.
- Blanking out, staring into space, or losing track of time.
- A tendency to react to my environment with either exaggerated or inhibited behaviors.
- Thoughts in my mind that cause arousal.
- Acting one way in a given situation (e.g. with a certain person, group of people, or environment) but a different or opposite way in another situation.
- Impulsiveness.
- Frequent loss of train of thought in conversation, a "wandering mind," or breaks in concentration while listening.
- Very selective memories of childhood experiences.
- "Arguments" or "conversations" that carry on inside my head. (Versus conversations outside your head, such as an external voice or an inanimate object talking.)
- Being accused of lying when I know that I am telling the truth.
- Intermittent depression.
- Periods of explosive anger.
- Extreme mood swings, often with little or no warning or for no discernable reason. (If yes, do you find this bewildering?)
- Inability to feel or express some or most emotions.
- Unusual fear and consistent anxiety disproportionate to the present situation.
- Bruises, scratches, injuries, or pain I cannot explain by any current experience.
- Talking out loud to myself when I am alone.
- Inability to comprehend what I am reading in the Bible.
- Saying "we" or "us" instead of "I" or "me" when referring to myself.
- Periodic but intense extremes in my eating habits. (Either indulgence or denial.)
- Anxiety, anger, or difficulty associated with prayer, worship, and/or Bible reading.
- A desire for alcohol, drugs, or sex despite an aversion to them.
- Driving a car but having no recollection of some or all of the trip.
- Confusion because of fluctuation of intellectual ability, skills, or creativity. (For example, you feel capable in one area but at other times experience difficulty in doing what was previously easy.)
- Self-inflicted pain.
- Being absorbed in fantasy to the point that it seems real.
- Occasional confusion about what "just happened" or whether an incident occurred a few hours, days, or weeks ago.
- Acquiring or losing possessions about which I have no knowledge. (You may wonder, "Where did this come from?" or "Where did that go?")
- Having no knowledge of things I am reported to have said or done.

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- Abnormal anxiety or fear, for example, of attending events, of being with a large group, or of performing in some way.
- Flashbacks to traumatic events resulting in fluctuating or conflicting feelings about my self-worth.
- Feeling at times as though I am two different people.
- Overwhelming feelings of hurt, rejection, pain, grief, and/or hopelessness.
- Feelings or expressions of anger disproportionate to the present situation.
- Distrust of anyone or anything, myself especially, and including God.
- Being engrossed in television program(s), movie(s), or music.
- Uncertainty about whether I have done something or have only thought about doing it.
- Difficulty paying attention during sermons or Biblical teaching.
- An unusually high tolerance to physical pain.
- Feeling fatigued most of the time.
- Not recognizing myself in a mirror.

Lies

Please check and Rate according to the scale (below)

Satan is a liar and the father of lies. (John 8:44) One way he holds people in bondage is to cause them to believe things about themselves that are not true. Despite all logical reasoning, a person remains in bondage to that lie, which will be rooted in the memory of a personal, life experience.

Check only the lie-based statements that cause a strong emotional reaction.

Rate these in the blank (_) on a scale from 0-10, with 10 rating as the highest reaction.

Abandonment

- God has forsaken me, too.
- I am afraid they won't come back.
- I am all alone.
- I cannot trust anyone.
- I don't matter.
- I have been overlooked.
- I will always be alone.
- No one even cares.
- No one will believe me.
- There is no one to protect me.
- They do not need me.
- What's the point? No one cares anyway.

Hopelessness

- I have no reason to live.
- I just want to die.
- It is never going to get any better.
- It will just happen again and again.
- Nothing good will ever come of this.
- There are no options for me.
- There is no good thing for me.
- There is no way out.

Confusion

- Everything is confusing.
- I do not know what is happening to me.
- This does not make any sense.
- Why would they do this to me?
- I cannot stay focused.
- I feel capable one moment, incompetent the next.

Fear

- Doom is just around the corner.
- He/she/they are coming back.
- He/she/they are going to hurt me.
- I am going to die.
- I do not know what to do.
- If I let him/her/they into my life they will hurt me, too.
- If I tell they will come back and hurt me.
- If I trust I will die.
- It is just a matter of time before it happens again.
- Something bad will happen if I tell, stop it, confront it.

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Invalidation

- God could never love or accept me.
- I am in the way; I am a burden.
- I am not acceptable.
- I am not loved, needed, wanted, cared for, or important.
- I am unimportant.
- I am worthless, have no value.
- I could never be as ___ as her/him/them.
- I could never jump high enough to please him/her/them.
- I should have never been born.
- I was a mistake.
- I was never liked by them because I was _____.

Powerlessness

- Everything is out of control.
- He/she/they are too strong to resist.
- I am going to die and I cannot do anything about it.
- I am overwhelmed.
- I am pulled from every direction.
- I am too small to do anything.
- I am too weak to resist.
- I cannot get away.
- I cannot get loose.
- I cannot stop this.
- I don't know what to do.
- Not even God can help me.
- The pain is too great to bear.
- There is no way out.

Shame

- I allowed it.
- I am cheap, like a slut or whore.

- I am so stupid and ignorant; an idiot.
- I deserved it.
- I did it to him/her first.
- I did not try to run away.
- I felt pleasure so I must have wanted it.
- I kept going back.
- I knew what was going to happen, yet I stayed anyway.
- I should have done something to have stopped it from happening.
- I should have known better.
- I should have stopped them.
- I should have told someone.
- I was a participant..
- I was paid for service rendered.
- I'm bad, dirty, shameful, sick, nasty.
- It was my fault.
- It happened because of my looks, my gender, my body, etc.

Tainted

- Everyone can see my shame, filth, dirtiness, etc.
- God could never want me after what has happened to me.
- I am dirty, shameful, evil, perverted, etc. because of what happened to me.
- I will always be hurt/damaged/broken because of what has happened.
- I will always be unclean, filthy, etc.
- I will never be happy.
- I will never feel clean again.
- My body parts are dirty.
- My life is ruined.
- No one will ever really be able to love me.

Write out other lies, or note comments that came to mind as you responded to this section:

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Curses

Please read and respond

Everything in the demonic realm is a counterfeit, or a "flipside." of the truth of God. The enemy's realm is diametrically opposed to the realm of the Spirit and is built on deceit leading to destruction (see John 10:10). God's Kingdom operates by authority. Satan's counterfeit kingdom works by false authority. Jesus demonstrates that authority is exercised through the mouth (see Luke 4). Words will either be expressed under the true authority of the lordship of Jesus Christ to bless, or under the false authority of the enemy to curse.

To bless literally means, "to make or pronounce holy." A blessing is pronounced to release and redeem. To curse means, "to send injury or evil upon, to damn." A curse is pronounced to rob and restrain. Curses may be spoken, inherited, or transferred. Their effects are merely works of the devil which Jesus came to destroy (1 John 3:8).

Curses open the door to demonic influence into and through our lives. Curses are real and the power of a curse is demonic. However, the superior power of God and the Word of God will break every one. The Bible lists at least 60 curses a person may be under. Many of these are integrated into the "Lies" and/or "Strongholds" sections of this form.

A Word Curse is a declaration that is targeted and effective, putting a person in bondage under that curse, under the power of the one who pronounced the curse, and under the power of the devil. A curse may be deliberate, as in a premeditated occult curse sometimes associated with ritual ceremony or witchcraft. A curse may be spoken rashly ("You'll never amount to anything.") or even profanely ("Go to hell."). Whether intentionally or carelessly declared, the stage is set for a life lived in corresponding bondage to that curse.

A Self Curse can be spoken against oneself by reinforcing the power of another's curse ("I'll never amount to anything"), by self-pronouncements ("I am so stupid.") or profanely ("Well, I'll be damned."). Boasting can even be a form of a curse, exalting one's self through pride and arrogance.

A Generational Curse is a form of involuntary inheritance through the bloodline of lineage and of ancestral sin. These are often determined by their ill effects such as poverty, barrenness, chronic or hereditary infirmity, mental illness, failure, and hindrances in spiritual growth.

A Soul Tie Curse is one acquired through an unholy, unnatural, or ungodly relationship and the corresponding transference of demonic influence from one person to another. This may happen through a range of relational connections including generational inheritance, illegitimate sexual union, occult connections, abuse, and trauma.

If you believe you are under the bondage of a curse, to the best of your ability articulate what you believe that curse (or curses) may be. Use additional paper if necessary.

Word Curse(s) _____

Self Curse(s) _____

Generational Curse(s) _____

Soul Tie Curse(s) _____

Recommended reading: Deuteronomy 27-30; Matthew 12:36; James 3:5-6, 9-10

Gender Confusion

Please Print

NOTE: Complete this page as applicable.

Have you ever been attracted to someone of the same sex? (circle one) Yes No If Yes, at what age? ____ Are you currently involved in a romantic or sexual relationship? (circle one) Yes No

If Yes, is this a homosexual or heterosexual relationship? (circle one) homosexual heterosexual

Have you had a homosexual experience? (circle one) Yes No If Yes, at what age?

What was the nature of that experience? _____ Have you ever been involved in an ongoing, homosexual relationship? (circle one) Yes No

If Yes, how long did the relationship last? _____

If you struggle with homosexuality, are any family members or others aware? (circle one) Yes No If

Yes, list below each one and their relationship to you. (e.g. John Doe, friend)

Have you ever received individual or group counseling for homosexuality? (circle one) Yes No If Yes, what was the nature of the counseling, and how did it benefit you? (briefly explain)

Areas where I am struggling with gender confusion: (please check all that apply)

pornography leaving the gay lifestyle contradiction with my Christian beliefs

masturbation unwanted fantasies/dreams confusion/insecurity in my gender

feeling lack of identity outside the gay lifestyle compulsive sexual behavior/promiscuity

Other:

MEDICAL INFORMATION

Have you ever been tested and diagnosed as HIV positive? (circle one) Yes No If

Yes, when were you diagnosed? _____

If you have been diagnosed with HIV, do you have AIDS? (circle one) Yes No If

Yes, are you currently under treatment for AIDS? (circle one) Yes No

When was the last time you were involved in a high risk activity for contracting HIV?

NOTE: High risk activities include: blood contact, sexual contact of any kind (with or without a condom), intra-venous drug use, international travel which included any form of medical care.

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Strongholds

Circle every word you identify with past or present.

Read Ephesians 6:10-20. Jesus Christ equips His Body, the church, to liberate captives from bondage to the devil. Listed below are demonic strongholds and related evil spirits. Circle every word that you personally identify with (either past or present) or that triggers a strong reaction.

Anger	Confusion	Famine	Diabetes
Anger	Contradiction	Infirmity	Epilepsy
Argument	Deception	Lies	Headaches
Belittling	Disorder	Occult	Hearing Problems
Berserk	Double-mindedness	Perversion	Heart disease
Bullying	Doubt	Pride	Insanity
Confusion	Indecision	Rebellion	Mental Illness
Control	Lies	Suicide	Pain
Criticism	Mixed Messages	Violence	Respiratory
Defense	Religious Spirits	Witchcraft	Retardation
Destruction			Schizophrenia
Domination	Despair	Fear	Seizures
Fear	Abandonment	Anxiety	Vision Problems
Hatred	Betrayal	Claustrophobia	Other: (List)
Mockery	Death/Death Wish	Dread	
Offense	Dejection	Fear	<u>Jealousy</u>
Perversion	Depression	Humiliation	Always Right
Profanity	Despair	Insomnia	Anger
Rage	Despondency	Nightmares	Argumentative
Rebellion	Disappointment	Paranoia	Bitterness
Sabotage	Discouragement	Terror	Cold
Selfishness	Doubt	Torment	Competition
Victimizing	Fear	Fear of:	Contentious
Violence	Grief	Abandonment	Control (of others)
	Heartache	Animals	Criticism
Bondage	Hopelessness	Authority	Envy
(Note: Bondage	Inadequacy	Being Wrong	Death/Death Wish
Spirits are found	Ineptness	Commitment	Hatred
throughout	Inferiority	Condemnation	Holds Grudges
these lists)	Loneliness	Crowded Places	Inability to love
Spirits that block:	Rejection	Dark	Judging
Anointing	Sadness	Death	Jumps to Conclusion
Bible Comprehension	Self-pity	Devil/demons	Malice
Church Involvement	Sleepiness	Disapproval	Paranoia
Destiny	Sorrow	Failure	Possessive
Healing	Suicide	Future	Prejudiced
Love	Weariness	God	Quarreling
Ministry/Service		Heights	Retaliation
Peace	Destruction	Loneliness	Revenge
Prayer	Abortion	Poverty	Rude
Revelation	Addiction(s) (List)	Man	Sarcasm
Spiritual Gifts		Rejection	Strife
Tithing/Giving		Success	Suspicion
Tongues			Tantrums
		Infirmity	Violence
Confusion	Death	Allergies	Wrath
Chaos	Death Wish	Arthritis	
Clouded Thinking	Disease	Back Problems	
Conflict	Eating Disorder(s)	Cancer	

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Lies

(See Lies pp 5-6)

Occult

Astrology
 Black magic/arts
 Blood Oaths
 Clairvoyance
 Color Therapy
 Control
 Divination
 Fantasy/Role Play
 Games
 Fortune Telling
 Good Luck Charms
 Horoscopes
 Idolatry Hypnosis
 Martial Arts
 Mediums
 Mind Control
 New Age Movement
 Occult Movies
 Occult Practices
 Ouija Board
 Palmistry
 Piercing
 Psychic Readings
 Rituals
 Sacrifices
 Satanism
 Seance
 Spell/Hex/Vex
 Spirit Guide(s)
 Superstition
 Tarot Cards
 Tattooing
 Violent Movies
 Voodoo
 Witchcraft

Perversion

Adultery
 Anger
 Bestiality
 Bi-sexual
 Child Abuse
 Child Molestation
 Compromise
 Confusion
 Coarse Jesting
 Dirty Stories
 Double-mindedness

Exposure

Fantasy
 Fornication
 Homosexuality
 Incest
 Lesbianism
 Lust
 Masturbation
 Molestation
 Nudity
 Orgies
 Perversion
 Perverted Dreams
 Premarital Sex
 Playacting
 Pornography
 Prostitution
 Rape
 Seduction
 Self-love
 Sexual Addiction
 Sodomy
 Voyeurism

Pride

Anti-Christ
 Anti-submissive
 Argumentative
 Arrogance
 Blasphemy
 Control
 Criticism
 Disobedience
 Egotistical
 Gossip
 Haughtiness
 Intellectualism
 Legalism
 Mockery
 Perfectionism
 Persecuting
 Pride
 Rebellion
 Religious Spirit(s)
 Resentment
 Revenge
 Self-centered
 Selfish
 Self-righteousness
 Self-serving
 Stubbornness
 Vanity

Opposition to:

Bible
 Blood of Jesus
 Christian Leaders
 Spiritual Gifts
 God
 Holy Spirit

Profanity

Blasphemy
 Coarse Joking
 Cursing
 Filthiness
 Obscenity
 Swearing

Rebellion

Defiance
 Disobedience
 Self-deception
 Self-will
 Unsubmissive

Religions. Cults, Sects, and Secret Societies

(That you or anyone in your family line have been or are involved in.)

Animism
 Baha'i
 Buddhism
 Christian Science
 Demolay
 Eastern Star
 Fraternity
 Freemasonry
 Hari Krishna
 Hinduism
 Jehovah's Witnesses
 Job's Daughters
 Masonic Lodge
 Moonies
 Mormonism
 New Age Movement
 Paganism
 Islam
 Rainbow Girls
 Sorority
 Spiritism
 Yoga
 Unitarian Universalism
 Other: (List)

Sabotage
 Abnormality
 Adultery
 Alienation
 Betrayal
 Blame
 Conniving
 Control
 Control Spirits
 Deception
 Despair
 Destruction
 Discouragement
 Disease/infirmary
 Disharmony
 Dishonesty
 Distrust
 Division
 Fear
 Fear Spirits
 Fraud
 Gossip
 Greed
 Guile
 Guilt
 Hatred
 Hypocrisy
 Intellectualism
 Isolation
 Legalism
 Loneliness
 Mental Illness
 Occult
 Offense
 Perversion Spirits
 Poverty
 Pride
 Procrastination
 Rage
 Rebellion
 Retaliation
 Sabotage
 Selfishness
 Superiority
 Theft
 Turmoil
 Vagabond
 Witchcraft

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